

## D/GROUP NEXT STEPS

What should I do if I want to join a D/Group?

There are two ways to join a D/Group:

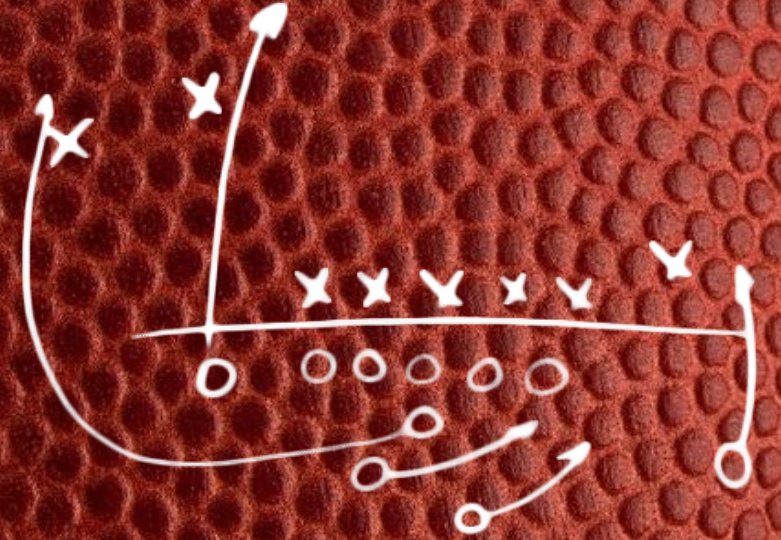
- 1) Agree to be a Point Man and find 2 or 3 other guys who would like to join you. Before you nail this down consider available meeting times and margin in your schedule to commit to the group for a year. Please register your D/Group and who the point person is at [www.katysfirst.org/dgroup](http://www.katysfirst.org/dgroup). This way we can provide continued training and encouragement on how to succeed during the next 12 months.
- 2) If you don't feel comfortable being a point man at this point and are not sure someone else will ask you to join their D/Group you can also register your desire to participate at [www.katysfirst.org/dgroup](http://www.katysfirst.org/dgroup) and we will have a Point Man contact you about joining a group.

## FIRST D/GROUP GATHERING

Each member completes the D/Group Covenant to commit to growing together. This is a way to signify your commitment to the group and to the Lord. It also asks that you would begin asking God to embolden you to Point Man a new D/Group following the completion of your current commitment.

Each member will complete the Spiritual Journey Inventory prior to the meeting in order to introduce themselves, share where they are and where they have come from spiritually. This helps to find everyone's baseline and keep everyone in a spirit of encouragement and growth. Everyone will not come to D/Group from the same place or in need of the same thing, but through The Word and accountability, every one will find what they need.

# Men's Life



# D/GROUP PLAYBOOK



## D/GROUPS EXPLAINED

### WHAT IS A D/GROUP?

A D/Group (Discipleship Group) is a group of 3-4 men or women committed to growing together for a set period of time (9-18 months) with the goal of spiritual transformation through Bible study and accountable relationships.

### BIG PROBLEMS, ONE SOLUTION

Two of the biggest barriers to grown in the church is the lack of biblical engagement and authentic accountability. Without these two things– personal Bible reading and accountable relationships– most of us will eventually stall in our spiritual growth. D/Groups help solve these issues. The greatest benefit of a D/Group is the plan and accountability it provides to help get people into the Word until the Word gets into them.

D/Groups also provide a reproducible plan for making disciples. When people don't know what to do, they often don't do anything. Though we know our mission is to make disciples who make disciples, we just haven't been shown how to do it, and without a plan we become inactive and ineffective. In D/Groups, we are providing a simple plan and a repeatable process that we can all follow to facilitate a group that leads to personal growth and multiplication.

WE BELIEVE THAT THE WORD OF GOD AND THE SPIRIT OF GOD ARE MORE THAN ENOUGH TO DO THE WORK OF GOD THROUGH THE PEOPLE OF GOD. AND LIKE JESUS MODELED, WE BELIEVE DISCIPLESHIP IS BEST DONE IN COMMUNITY.

### D/GROUP BREAKDOWN:

Scripture Reading Plan

H.E.A.R. Journal Study Strategy

Scripture Memory

Accountability Diagnostics

## D/GROUP BREAKDOWN: SCRIPTURE READING

Each D/Group uses the Bible as their curriculum. At launch each D/Group will use the F260 reading plan provided for you. This plan takes you through the New Testament in a year reading Monday through Friday with Saturday and Sunday used to catch up on missed days. This plan requires reading and interacting with approximately 1 chapter a day.

See Appendix 1

## D/GROUP BREAKDOWN: H.E.A.R. JOURNAL

God wrote a book and is waiting to speak to us through His Word whenever we are ready to take the time to prayerfully open it, read it, and hear from Him. The HEAR journal strategy helps us get the most out of our time in God's Word.

**H.E.A.R. stands for Highlight, Explain, Apply, and Respond.**

**HIGHLIGHT:** Pick a verse or two from the passage that stands out to you and re-write it in your notebook. This helps you isolate the passage that is really working on you and helps you remember it through the act of writing it down.

**EXPLAIN:** Briefly write down what you think the highlighted passage means.

**APPLY:** Thoughtfully consider how you need to apply this truth to your life.

**RESPOND:** Write a short response to God. Ask him to strengthen you to apply this passage and commit to him your engagement in the process.

See Appendix 2 for more details and a sample entry

## D/GROUP BREAKDOWN: ACCOUNTABILITY DIAGNOSTICS

Accountability is a key component to the D/Group is not for shaming, or legalism, but for pushing each other to continued growth and sharing with grace our victories and defeats. Accountability comes in three categories:

- 1) How did I you feed your soul this week?
- 2) How did you feed your flesh this week?
- 3) How did you feed others this week?